

Pregnyl®

(chorionic gonadotropin for injection, USP)



A Health Care Provider's Instructional *Quick Guide*

▶ **READY** ▶ **SET** ▶ **INJECT**



Pregnyl® (chorionic gonadotropin for injection, USP) is approved to induce ovulation and pregnancy in women who have problems with ovulation and who have been appropriately pretreated with human menopausal gonadotropins (medications containing follicle-stimulating hormone [FSH] and luteinizing hormone [LH]). Pregnyl® will not help women whose ovaries do not work at all (primary ovarian failure).

Important Safety Information

Do not use Pregnyl® if you are allergic to human chorionic gonadotropin.

Pregnyl® should be used in conjunction with human menopausal gonadotropins. Pregnyl® should only be prescribed by physicians experienced in infertility treatments.

Pregnyl® may cause ovarian hyperstimulation syndrome (OHSS), which is a serious medical problem that can happen when the ovaries are overstimulated. In rare cases it has caused death. OHSS causes fluid to build up suddenly in the stomach and chest areas. OHSS may occur after treatment with Pregnyl®. Call your health care professional right away if you get any of the following symptoms: severe pelvic pain (lower stomach area), nausea, vomiting, sudden weight gain, or reduced urine output.

Pregnyl® may also cause rupture of ovarian cysts resulting in internal bleeding (hemoperitoneum), multiple births, and artery blockage by a blood clot (arterial thromboembolism).

Other side effects with Pregnyl® include headache, irritability, restlessness, depression, fatigue, edema, and pain at the site of injection. If you get any side effects that concern you, call your health care professional.

Getting Ready

Read all instructions carefully before using Pregnyl®.

✓ You will need:

- a vial of Pregnyl® and a vial of Pregnyl® Solvent
- one disposable 1-10cc syringe with reconstitution needle
- one intramuscular injection needle
- alcohol pads
- a safety container to discard used supplies

✓ Wash your hands thoroughly with soap and water.



✓ Remove the flip-caps, from the 2 vials and wipe the rubber stoppers with an alcohol pad. Let dry at least one minute.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Please see accompanying important product information.

For more information, call 1-866-836-5633. For support services, please visit www.fertilityjourney.com

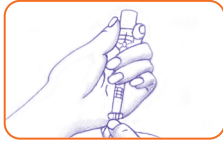
This instructional guide has been developed for a health care provider to use when teaching a patient how to administer Pregnyl®.

READY ▶ Prepare Pregnyl®.



Carefully remove the cap from the reconstitution (mixing) needle on the disposable syringe.

Push the needle through the rubber stopper on top of the Pregnyl® vial, and slowly pull the plunger back, to withdraw the sterile air from the vial. Pull the needle out of the vial of Pregnyl®.



Push the needle through the rubber stopper of the Pregnyl® Solvent vial and depress the plunger to inject the air into the vial.

Turn the Pregnyl® Solvent vial and syringe upside down, keeping the needle tip below the surface of the liquid, and slowly pull the plunger back to the calibration mark appropriate for the patient's prescription. Gradually withdraw the syringe from the vial to keep the needle below the surface of the liquid.



Push the reconstitution needle through the rubber stopper of the Pregnyl® vial and inject the solvent into the vial.

Gently swirl the Pregnyl® vial until the solution is clear. **DO NOT SHAKE.**

If the solution is not clear or has particles, DO NOT USE IT.

SET ▶ Draw and check Pregnyl®.



Gently pull the plunger back to draw the prescribed amount of reconstituted Pregnyl® solution into the syringe.

Remove the reconstitution needle from the syringe and dispose of it immediately. Replace with a sterile, intramuscular injection needle.



Hold the syringe pointing up and gently tap the side, forcing air bubbles to the top.

Squeeze the plunger gently until all air is expelled and a drop of Pregnyl® appears at the needle tip.

INJECT ▶ Inject Pregnyl®.

The intramuscular injection of Pregnyl® should be done by a partner. Carefully follow your health care provider's instructions. Recommended injection sites for intramuscular injection are the upper, outer quadrants of the buttocks.



Clean a two-inch space around the selected injection site with an alcohol pad. Let dry at least one minute.

Shift weight to the opposite leg and relax the muscle.

Stretch the skin at the site.



Hold the syringe in the dominant hand about 3 inches from the skin surface at a 90-degree angle.

With one smooth, swift motion, insert the entire length of the needle into the skin.



Pull back gently on the plunger. *If the needle is correctly inserted, it will be difficult to pull the plunger back.*

If you see blood in the syringe after you pull back gently on the plunger, pull out the needle, and apply pressure to the site with an alcohol pad. Replace with a new sterile, intramuscular injection needle and repeat the above steps for injection at a different site.

Once the needle is inserted properly, slowly and steadily depress the plunger until the syringe is empty.

Pull the needle out quickly, and apply pressure with an alcohol pad. Maintaining pressure, gently massage the site.

Dispose of the needle and syringe as instructed by your health care provider. **DO NOT REUSE.**